

E-COUNSELLING POLICY

INTRODUCTION

As a part of E-Learning process the school plays very significant role in promoting the emotional health and wellbeing of the students. The enhancement of mental health of students, which is enabled through the Dept of WELLNESS strive to provide quality online counselling services that are individualized to meet each student's needs. There is a strong body of evidence about the beneficial impact of all students having access to counseling support when necessary. The counseling support provided conforms to high professional standard and current practice of E-learning based counselling within the limits of the educational framework.

GOALS & AIMS

To deliver a comprehensive and high quality online counseling service to the students.

To provide quality, professionally-delivered, individual and group counselling through online platform.

Collaborate with faculty to promote student well-being through outreach, prevention and educational efforts.

We aim to support the e learning environment by promoting positive mental health for students through crisis intervention; consulting and referral outreaches programming that are responsive to the individual, cultural and demographic diversity of our students.

SCOPE OF THE POLICY

Professional scope of the Counselling through E-Learning practise is a significant consideration and planning to provide efficient service, as it describes what we do as a professional and how we do it, and as a policy and advocacy tool that highlights our best service through E-learning. The school E-learning counselling policy applies to all students, their parents and school management and the counsellors

PROGRAMME ACCESSIBILITY

Motivational, Informative and Guidance materials for the well being of the students will be uploaded in respective classrooms.

Students' queries will be attended in the Dept Google classroom after submitting the Google form for self referral.

Students can also be referred by teachers/parents by submitting the form.

Online counseling will go in a pre planned way as per referrals.

On receiving the referral Googleform, students will get enrolled to department classroom for counselling sessions.

Counseling services will be handled by the respective in charge counsellors.
Regular chat, messages, emails will be utilized as a mode of communication between the counselor and the student as per approval.

Online counselling sessions will be done as per needs.

Confidentiality and record management will be maintained.

We provide equal access to Opportunities and support through E-learning Counselling service.

Below mentioned unethical behaviour should be avoided during online/live counselling sessions.

- i. Recordings during the sessions
- ii. Public streaming of live sessions
- iii. Posting in social media
- iv. Allowing people who are not in the process
- v. The proliferation of cyber bullying during E-learning sessions
- vi. Adheres to laws, guidelines and ethical standards of practise should be maintained

PROGRAMME EVALUATION AND REVIEW

The school E- counseling policy will be reviewed to ensure the implementation of best practices and to take into account the changing needs of our students. Parents are invited to provide their feedback/ suggestions on improving the services provided by the school's E-learning counselling programme.

Prepared on : 12 April 2020



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